

EMERGENCY LABOR INFO

Partner/Spouse Contact	
Alternative Phone Number	
OB-GYN Contact	
Pediatrician Contact	
Preferred Hospital/ Birthing Center	
Doula/Midwife	
Backup Birth Plan Contact	
Insurance Information	
Childcare Contact	
Neighbor/ Close Friend Contact	
Labor and Delivery Bag Location	
Pet Care Contact	
Workplace Contact	
Blood Type	

SPECIAL INSTRUCTIONS FOR CAREGIVERS
